

Programme for First and Second Class



Myself

- Self awareness, self esteem
- Developing self confidence
- Healthy me – eating and exercise
- My body and how it works
- Where do I come from
- Likes and dislikes
- Safe and unsafe
- Trying is better than not trying
- Feelings/emotions
- Forgiveness
- Life skills
- Rights and Responsibilities

Our World

- Families – People we live with
- Different family structures
- Homes, types of homes
- Loss
- Relations
- Birth/new life
- Caring for others

- **Pets**
- **Animals**
- **Other cultures**
- **Other people – people of the world**
- **How people live in my world today**

My Environment

- **Nature's balance**
- **Protecting animals**
- **Conservation**
- **Caring for the wider world**
- **Recycling**

Beliefs, Religion, Spirituality and Thought Systems

- **Rituals**
- **Symbols and signs e.g. peace/dove, hearts/love**
- **The elements e.g. water/religious aspect, fir/sun**
- **Different belief systems**
- **Fables and parables**

Creation stories